

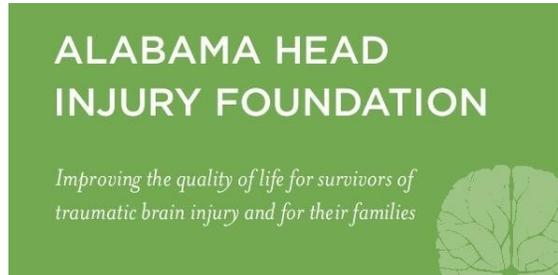
What is Alabama Head Injury Foundation?



Alabama Head Injury Foundation (AHIF) is a 501(c)3 nonprofit organization that provides support services for survivors of traumatic brain injuries and for their families. In many cases, medical care and rehabilitation can lead to significant recovery for TBI survivors, but the return to life after TBI can be a longer struggle, especially in adjusting to the “new normal” that exists for both the survivor and for their family. AHIF never charges for any of its services, and will work with you to achieve the best quality of life possible.

AHIF Services

- Resource Coordination
- Support Groups
- Advocacy
- Recreational Camps
- Respite Care
- Therapy Camps



The First Step is to Contact Your Local AHIF Resource Coordinator

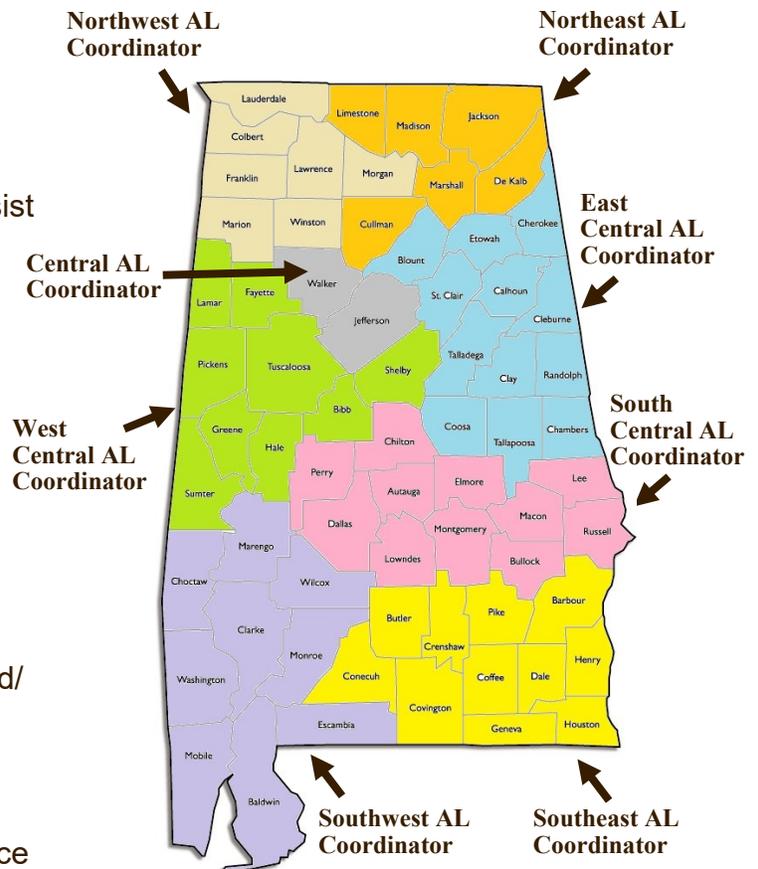
AHIF provides its statewide network of services through the use of field staff, called Resource Coordinators. They live in the communities where the survivors they serve reside, allowing them to have a unique knowledge of the local resources available to survivors and to their families.

AHIF Resource Coordinators can assist survivors with an array of needs, that include the following:

- Assist in securing home modifications or possible independent living options
- Support in applying for and receiving Medicaid/Medicare/Disability benefits
- Financial Management/Personal Budgeting
- Support in securing donated or discounted medical equipment and/or therapy/counseling services

Please visit www.ahif.org or call the AHIF office at (800) 433-8002 to confirm the appropriate AHIF Resource Coordinator for your location.

AHIF Resource Coordinators



AHIF Respite Care Program



AHIF provides respite care vouchers to families of TBI survivors who need a brief break from the 24/7 demands of caring for a loved one. AHIF's respite care is need-based, and if you are interested in learning more please call Janice Waters, AHIF's Respite Care Program Coordinator, at (205) 823-3818.



AHIF TBI Camp

AHIF offers a week-long camp at beautiful Camp ASCCA on Lake Martin in Jackson's Gap, AL. Camp is held each August, with activities including zip lines, water slides, archery, and arts and crafts. Camp registration usually opens in April. For more information please call the AHIF office at (800) 433-8002.

AHIF TBI Camp is made possible through the generous support of Encompass Health.



BRIGHT IDEAS
TBI CAMP



AHIF Bright Ideas TBI Camp

AHIF has partnered with Samford University, UAB, The University of Alabama, The University of South Alabama and Faulkner University as part of its Bright Ideas TBI Camp. This multi-day therapy-focused camp targets TBI survivors who are 3+ years removed from their date of injury, and are struggling with the challenges of adjusting to their "new normal" following their injury.

Areas of focus include physical therapy, occupational therapy, speech therapy, nutrition, and emotional counseling, along with additional resource identification.

For more information on Bright Ideas TBI Camp, or for information on upcoming camp dates, please call the AHIF office at (800) 433-8002.



AHIF Advocates for TBI-Friendly Policies

AHIF supports local, statewide and national initiatives aimed at preventing brain injuries or expanding services to those who have sustained such injuries. To help advocate for TBI prevention and services, please contact us at info@ahif.org or 800-433-8002

