

HEADLINES

A PUBLICATION OF ALABAMA HEAD INJURY FOUNDATION - Spring 2019

AHIF recognizes Brain Injury Awareness Month

Throughout the month of March, AHIF worked across the state to promote TBI awareness, to advocate for the prevention of TBIs, and to encourage the support of TBI survivors and their families.



Dylan Marsh reads to students

Book Reading at Norwood Elementary

AHIF partnered with Marsh Rickard Bryan law firm to read <u>Elvin, The Ele-</u> <u>phant Who</u> Forgets to 2nd and 3rd grade students at Norwood Elementary School in Birmingham. Students were also given a coloring book encouraging safe habits to prevent head injuries.

Media Appearances

AHIF Executive Director Scott Powell spoke about brain injury awareness on Fox 6 News, ABC 33/40 News, and on Talk 99.5 radio.



ACOM students hold Mardi Gras party with TBI survivors in Dothan

Awareness Events

In Dothan, students from the Alabama College of Osteopathic Medicine held a Mardi Gras party with the local AHIF Dothan Support Group. AHIF also took part in the annual Huntsville St. Patrick's Day Parade, as well as the Coloring for a Cause events in Decatur and Auburn. AHIF's Mobile Support Group partnered with USA's Recreational Therapy students

to hold a Memory Walk to promote TBI Awareness.

Thank you to everyone who helped us improve TBI awareness not just in March, but each and every day.



Scott Powell and Janice Rogers on Fox 6 News



Coloring for a Cause Event in Auburn



Memory Walk in Mobile

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HEADLINES



A note from AHIF **Executive Director** Scott Powell

I am often struck by the volume of activities taking place at AHIF, and immediately reminded that this would not be even remotely possible without the help of volunteers.

In thinking about our fifth Birmingham Regional Board event, a tremendous example of this support is evident in how the barbecue is served. AHIF has been so fortunate each vear of this event to have PhD students from UAB's Neuropsychology program serve food to all event attendees.

When I think how these highly educated, brilliant students humble themselves to serve others in this special way to help TBI survivors, it gives me a hope for the care future TBI survivors will receive as these students move on into careers supporting TBI survivors and their caregivers.

For this year's event, I would specifically like to thank Haley Bednarz, Jason Blake, Tyler Bull, Sarah Cable, Christina DiBlasio, Casie Morgan, Sara Sims, Kayla Steward and Julie Trapani for their selfless giving of time to make our Fifth Annual Beer, Band & BBQ a complete success. I am deeply appreciative of your help and the upbeat, positive attitude you had in welcoming all attendees at this

Thank you!



AHIF Birmingham Regional Board holds 5th Annual Beer, Band & BBQ Event!

On March 23rd, more than 500 people came out to Avondale Brewery, helping AHIF raise more than \$8,200 in support of its programs and services for TBI survivors! Many thanks to the Birmingham Regional Board members for their work on this event, as well as our Platinum sponsors: Hare Wynn Law Firm, Heninger Garrison Davis law firm, Avondale Brewery and Oxford Healthcare. Please visit

our website at www.ahif.org for more sponsors and pictures from the event!



AHIF Wiregrass Regional Board holds Heads and Tails Low Country **Boil on June 1st!**

AHIF is deeply thankful to Morris, Cary, Andrews, Talmadge and Driggers LLC for being the title sponsor of its inaugural Heads and Tails Low Country Boil on June 1st at The Plant. Proceeds benefit AHIF's services to TBI survivors living in the Wiregrass area.



2

HEADLINES

Highway 67 Roadhouse holds 1st Annual Car & Bike Show Pin-Up Girl Pageant

AHIF is deeply appreciative to Anita King and the Highway 67 Roadhouse for holding a fundraiser in support of AHIF and our services to TBI survivors! The event, held October 6th, 2018, honored TBI survivor Summer King, and raised \$3,608.00 in support of AHIF's TBI Camp! AHIF's week-long TBI camp will be August 11-16, 2019. Also, plans are being made for the 2019 Car & Bike Show and a date will be announced soon!



The Day Two Brothers Became Like Family To Everyone At AHIF

On March 31, 2018, brothers Colton and Logan Morgan were preparing to cross the street in their small hometown of Butler, Alabama, to visit their grandfather. Their mother, Brandi, had one rule when they crossed the street to Grandpa's, and that was to always hold hands.

Before anyone could even react, a car struck the boys and they were both hit directly while holding hands. They were airlifted to Children's of AL and spent the next months fighting for their lives.

Several months later, AHIF received a call from Children's, sharing that Logan was being discharged but Colton was not, and the family needed help with skilled nursing respite care for Logan at the Ronald McDonald House while the family stayed with Colton. Thankfully, AHIF was able to provide this respite care at no cost to the family, and then was able to follow the boys back home and continue providing support services to them at home.

Recently, AHIF Board Member Dr. Jimmy Robinson was able to secure two signed footballs by members of the Alabama football team, and AHIF Resource Coordinator Teresa Roberts was able to deliver these to Colton and Logan, big Crimson Tide fans. Their mother said she had not seen them that excited about something in a long time. We will continue supporting this sweet family as best we can in the months and years ahead.



Colton and Logan Morgan

HEADLINES

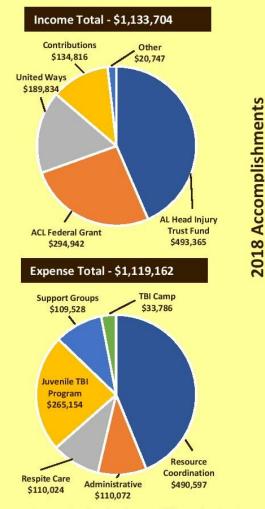
Alabama Head Injury Foundation 2018 Annual Report

Our Mission: To improve the quality of life for survivors of traumatic brain injury and for their families



2018 Financial Highlights

- Total Contributions increased 40% from FY'17
- Expenses were within 1% of budget for the year
- Total income increased 18% in FY'18



AHIF is committed to fiscal responsibility and maintains an 9.84% administrative cost, meaning 90.16% of all contributions go directly to programs and services.

Financial Position (as of 9/30/18)

\$14.543
\$424,396
<u>\$302,773</u>
\$79,721
\$41,902
\$424,436
<u>\$174,432</u>
\$ 8,184
\$241,820



AHIF provides SUPPORT for survivors and caregivers

- 209 support group meetings held in 14 different locations statewide
- 3,555 total support group attendees
- 62 families provided with 4,266 hours of respite care

AHIF proactively increases **AWARENESS** of TBI and AHIF's programs and services

- 15 in-services providing Social Work CEUs conducted with 421 total attendees
- Conducted 14 Brain Injury Awareness Month activities aimed at increasing TBI awareness and prevention

AHIF IDENTIFIES newly injured survivors and provides

LONG-TERM services to existing consumers

- AHIF reached 192 new consumers in FY'18 (a 44% increase over FY'17)
- AHIF provided ongoing support services to 967 consumers in FY'18 (a 34% over FY'17)

AHIF increases its FOOTPRINT statewide

- AHIF has 15 Board members, representing nine cities across Alabama
- AHIF has Regional Boards in Birmingham, Montgomery and Dothan, with new ones developing in Tuscaloosa, Gadsden, Huntsville and Mobile
- AHIF introduced its Bright Ideas TBI Camp at Samford University, and has scheduled additional camps at The University of Alabama and University of South Alabama for FY'19





For more information, please visit our website at www.ahif.org

4

Alabama Head Injury Foundation 2018 Annual Report

Our Vision: We envision a state where traumatic brain injury is prevented, where possible, and fully understood and supported where not.

Rachael's Journey

Rachael was injured in a motorcycle accident six years ago, which tragically took the life of her fiancé. She spent the next five years in a skilled nursing facility for individuals with disabilities. Then, her cousin brought Rachael into her home to care for her, and within a few months discovered Alabama Head Injury Foundation.

Several months later, Rachael and her cousin took part in AHIF's first ever Bright Ideas TBI

Camp at Samford University. Students from speech therapy, physical therapy and occupational therapists from UAB and Encompass Lakeshore worked with Rachael and she rolled over independently at camp, for the first time in more than five years. She also stood, with assistance, for the first time as well.

Following camp, AHIF helped Rachael get outpatient therapy services at Spain Rehab. Just three months after camp, AHIF helped provide her family with a bed alarm monitor because Rachael was getting up on her own and trying to walk. Rachael recently registered to vote, can walk 200 feet independently, and even sings at her church. AHIF is deeply thankful to the Community Foundation of Greater Birmingham and the Robert Meyer Foundation for their generous support in making camp possible.

Alabama Head Injury Foundation 2018 Board of Directors

Officers

Keith Belt - President Stephen Davis - Vice-President Mike Andrews - Treasurer Members **Kevin Braswell Drew Davis** Dane Griffith Karen Hislop Dawn Matson Eric Messer **Heath Phillips Jimmy Robinson Sharlotte Rogers Bowden Sarrett** Jack Sellers **Bree Sison Emeritus Members** Linda Coleman-Madison **Kim Hooks-Ferguson** Ann Horne Tom Novack

Help Us Do More With 84

- A monthly gift of just \$7 can support the expenses of supporting one TBI survivor
- Go to www.ahif.org and click the "Help Us Do More With 84" tab to set up your monthly gift!

Shopping for AHIF Support

• Select AHIF as your charity to support using AmazonSmile and Planet Fundraiser



AHIF's Focus on Referral Channels

Is Making A Difference

AHIF Program Director Amy Eng began by incorporating referral relationships into the annual goals for each AHIF Resource Coordinator. She followed that up by completing the certification for AHIF to be a Social Work CEU provider. The combination of new relationships and doors



opening for in-services has led to an overall increase in nearly 60 new clients for FY'18 versus FY'17. AHIF is currently seeking to become a Nursing CEU provider as well in FY'19, which should sustain this goal of finding and providing services to TBI survivors as soon as possible following their injury.

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Rachael standing, with assistance, at Bright Ideas

TBI Camp



HEADLINES

5

AHIF

3100 Lorna Road Suite 203 Hoover, AL 35216 Phone: (205) 823-3818

Our Mission: To improve the quality of life for survivors of traumatic brain injury and for their families

Our Vision: We envision a state where traumatic brain injury is prevented where possible and fully understood and supported where not.

AHIF is a proud partner of:

United Ways of Central Alabama, Lee County, Etowah County, Marshall County, and West Alabama



AHIF welcomes Marilyn Davis as the new NW Alabama Resource Coordinator

Alabama Head Injury Foundation is excited to announce that Marilyn Granville Davis has accepted the position of NW Region Resource Coordinator. Marilyn was born and raised in North Alabama. She earned her BSW in Social Work from University of Alabama and her MSW in Social Work from Howard University. She is a licensed Social Worker specializing in healthcare and teaching/coaching, and a certified counselor with experience working as a licensed therapist. She has most recently been serving in the role as Adjunct Professor with the University of Alabama for some of their online classwork as well as a faculty liaison for field education.

Marilyn's territory will be NW Alabama, including Colbert, Fayette, Franklin, Lamar, Lauderdale, Lawrence,



Marion, and Winston Counties. We are confident she will be a tremendous asset to TBI survivors and their families! As Marilyn progresses in her training, we will be restarting the Florence Support Group. You can find Marilyn's contact information under the staff section of our website at www.ahif.org.

HEADLINES

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