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AHiF Alabama Head Injury Foundation Headlines

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June 2-4 – University of Alabama Therapy Intensive Camp

June 30 July 2 – University of South Alabama Bright Ideas Camp

July 7-9 – Samford University Bright Ideas Camp

July 20 – 1st Annual Long Shot Classic

August 3-7 – AHIF Week-Long TBI Camp at Camp ASCCA

September 21-23 – Lakeshore Foundation Bright Ideas Camp

For more information, visit www.ahif.org

TBI Services for Veterans

AHIF utilizes grant from Alabama Department of Veteran's Affairs to provide services

Alabama Head Injury Foundation was pleased to receive a grant from the Alabama Department of Veteran's Affairs, allowing us to provide an array of unique programs to veterans living with brain injuries across our state. This has included music therapy sessions teaching guitar, cooking and meal demonstrations, gardening, and even equine therapy. All of these programs and services were designed based on the feedback received from our veteran population, and integrated techniques for emotional regulation with activities that promote a reduction in stress, anxiety and depression.

AHIF Program Updates >>>

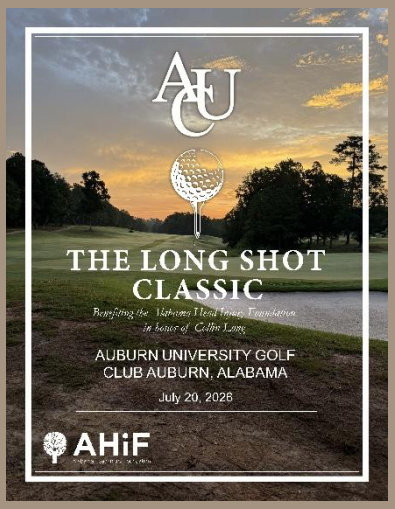
1st Annual Long Shot Classic Golf Tournament

The Long Shot Classic Auburn University Golf Club has graciously agreed to host this charity golf tournament on July 20, 2026. The proceeds for the event will be donated entirely to Alabama Head Injury Foundation. You can support or sponsor this tournament by going to the AHIF website at www.ahif.org.

Why the Long Shot? AHIF was approached by Collin Long, and his mother Amy, about doing this charity golf tournament around the one-year anniversary of the traumatic brain injury he sustained while working at Auburn University Golf Club. As he was being airlifted from Auburn to UAB Hospital in Birmingham, he was not given great odds at survival…and yet he did, and experienced what can only be described as a miraculous recovery. Collin said he recognizes that not everyone experiences such recovery…and wanted to do something to help others who are dealing with their own journey…for whom their dreams and goals might still be considered…A Long Shot.

Collin following his injury

Collin utilizing golf during rehab



July 20th and Long Shots It is interesting that this event will be held on July 20th…the anniversary of another Long Shot in U.S. History…the first astronauts on the moon! We hope that you will support this event, and in doing so support AHIF in our efforts to help each and every client we serve make their personal Long Shot just a little shorter.

Zoom TBI Support Groups!

For the fifth consecutive year, AHIF will dedicate its June Zoom TBI Support Groups to traveling with our clients! Most years we have traveled to other countries but this year, in honor of the 250th anniversary of the U.S.A., we will instead visit National Parks and Landmarks across the U.S.! If you are interested in joining our travels, or our ongoing support groups after June is over, please e-mail us at info@ahif.org.

Expanding to Meet Growing Needs >>>

AHIF Introduces Spinal Cord Injury Support Groups

In 2017, less than 2% of all referrals AHIF received were for spinal cord injuries absent a TBI. In 2025, this percentage changed to more than 18%. With the name Alabama Head Injury Foundation, many may not realize that AHIF also serves spinal cord injury survivors. In April, AHIF launched it first ever Zoom Spinal Cord Injury Support Group. AHIF intern Morgan Champion, MSW student from Samford University, launched this program in April 2026, with a second meeting in early May 2026. AHIF has plans to meet monthly, and if you would like more information on these groups, please e-mail us at info@ahif.org.

Upcoming Meetings

- **June 3rd** – Repositioning with Samford University Physical Therapy Professor Dr. Kelly Atkins
- **July 1st** – Assistive Technology with Elizabeth Stewart from the Alabama Department of Rehabilitation Services

AHIF Bright Ideas TBI Camp Season Is Here

AHIF holds first Bright Ideas TBI Camp of 2026 at Auburn University

The Auburn University College of Nursing once again was our gracious host for our annual Bright Ideas TBI Camp at Auburn University. Auburn students from Nursing, Speech Therapy, Audiology and Pharmacy joined Faulkner students from Physical Therapy and Occupational Therapy to provide a three day therapy-camp experience for 16 AHIF clients along with 11 caregivers!

Over the three days, the students assessed the clients, tested interventions, and then put together a long-term "Home Plan" so that the clients and caregivers can continue to work toward additional recovery.

AHIF Recreational Camps >>>

AHIF holds weekend TBI Camp at Camp ASCCA!

AHIF once again traveled to beautiful Camp ASCCA for our annual weekend camp! We are so thankful to Camp ASCCA for this ongoing partnership. We will be returning to Camp ASCCA in August for our week-long camp, and also to Camp McDowell in October for our final camp of the 2026 season!

AHIF Expanding Bright Ideas Model in 2027

AHIF is pleased to announce that it is currently planning a new Bright Ideas Camp at Faulkner University in 2027, specifically for Spinal Cord Injury Survivors, and expanding its TBI model to include the University of North Alabama as well!

Bright Ideas Camp Model Leads To New Opportunities!

As a direct result of our partnership in the Bright Ideas TBI Camp, Samford University's Physical Therapy program began a NeuroClinic in 2025, seeking to provide an ongoing physical therapy intensive for TBI survivors who could benefit from additional PT beyond that what their insurance, if they have it, provided. In 2025, Samford welcomed six TBI survivors for a four week, once a week intensive. In 2026, we continued this program but for six weeks instead of four. We are grateful to Samford for expanding this partnership, and providing vital therapy resources to our clients!

Caring for Caregivers

AHIF recognizes the importance of caregivers in the long-term stability, and recovery, of survivors of Traumatic Brain Injuries.

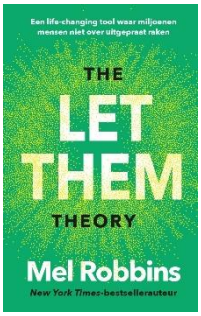
AHIF is preparing for its Summer series of Caregiver Support Groups, led by our friends at the UAB Occupational Therapy Department.

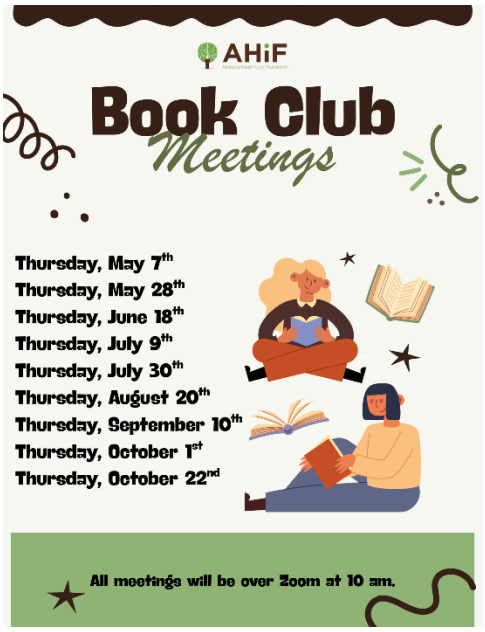
AHIF has also begun its 4th Annual Caregiver Book Club series, reading the book The Let Them Theory by Mel Robbins.

AHIF is also planning its 2nd Wills Clinic, to help ensure that caregivers have put in place the necessary legal protections for the care of their loved ones long-term.

AHIF also continues to expand on its "Caregiver" Day as part of our Bright Ideas Camp model. On these days, we encourage caregivers in the community to attend this information-filled day, even if you do not have a loved one attending the camp itself.

For more information, e-mail our Caregiver Program Coordinator at caregiving@ahif.org.





Support AHIF Today >>>

How You Can Help

- *Make a Personal Gift to AHIF*
- *Volunteer with AHIF*
- *Refer Someone You Know Living with a TBI so AHIF Can Help*

AHiF
Alabama Head Injury Foundation

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Our Mission: *To improve the quality of life for survivors of traumatic brain injury and for their families*

Our Vision: *We envision a state where traumatic brain injury is prevented where possible and fully understood and supported where not.*

AHIF is a proud partner of:
United Ways of Central Alabama, Etowah County, Lee County, Marshall County, Southwest Alabama and West Alabama.

LIVE UNITED
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