

ALABAMA HEAD INJURY FOUNDATION

HEAD LINES

Spring 2005

IMPROVING LIFE AFTER TRAUMATIC BRAIN INJURY

BLSA Toast & Taste 2004 Benefited The Alabama Head Injury Foundation



Guest Chef Anthony Osborne and Chefs of Culinard, The Culinary Institute at Virginia College, provided superb service, excellent wines and an extraordinary meal, the evening of August 21, 2004 for over one hundred fifty guests who gathered at the Inverness Country Club in support of AHIF programs and services.



Deane Giles and Ann Horne, AHIF Board Member, admire an item at the BLSA Silent Auction with Debby Holmes, BLSA Event Chairperson. Jane Wright and Alice Goss, BLSA committee members look on. The Auction raised over \$6000.

Sponsors

- BLSA, a Chapter of NALS, Inc.
- Ken & Ann Horne
- Virginia College & Culinard
The Culinary Institute at
Virginia College
- Guest Chef Antony Osborne
- The Chefs of Culinard
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- Barbara Fox, PLS-President
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- Ann Carroll
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- Marie King
- Special Thanks to
Mary Ann Gamblin

Culinard Chefs

- Chef Anthony Osborne
- Chef Robby Melvin
- Chef Ed Reese
- Chef Charles Mereday

Baking, Pastry & Confectionery Chefs

- Chef Jared Danks
- Chef Laura Halpin
- Chef Gelen Rinsky

Front of House Chefs

- Chef Ludwig Weiss
- Chef Ian Tarica

BLSA Toast & Taste 2004



AHIF Board President, Dr. Tom Novack and his wife Judy warmly greeted guests, and thanked BLSA friends for their continued work and support of this event.



AHIF Past President, Mary Watkins and Jim with son, and daughter in law, Josh and Ann Watkins enjoyed the evening with friends, Bill and Georgia Scott. They gave high marks to the pairings of food and wine as well as the edible confectionary centerpieces specially designed by the Chefs of the Culinard.



Ken Horne, a long time dedicated supporter of AHIF, visits with Dodd and Janet Adair, Brad and Kaye Botes, as they enjoy dinner.

Community of Selma Supports AHIF



Carol Rainwater cuts the ribbon to begin the Second Annual Daniel Rainwater Memorial Walkathon in Selma on October 16, 2004 in memory of her beloved son.



Charles Priest, AHIF Executive Director and representatives of the Walk sponsors, the Pilot Club of Selma and ESA Sorority, greeted Selma walkers. Funds raised benefit AHIF programs and services in the local area.

ANNUAL REPORT

AHIF Services – A Success Report

During the past fiscal year, FY – 2004, AHIF continued to address the needs of its constituency through a variety of programs and services. Many were funded in whole or in part by the Alabama Impaired Drivers Trust Fund.

Resource Coordination: was provided to 995 people throughout the state with over 8,200 hours of assistance rendered.

Financial Assistance: Over \$745,000 in donated goods and services was secured for our clients within the local community.

Housing: Nine clients received accessibility modifications and/or structural repairs to their home.

Information and Referral: During the year, 729 people requested information on a variety of topics with 761 referrals being made.

Respite Care: Through contracts with Home Health Agencies across the state, 66 caregivers were able to enjoy breaks from the constant duty of round-the-clock care.

Small Places: During the past year, the Small Places recreation program served 89 people in Birmingham, Anniston, Jasper, Huntsville, Cullman, Tuscaloosa, Mobile, Florence, and Gadsden.

Camp: Camp Sessions were held for adults in the Spring and again in the Summer. Youth Camps were held in the fall. 99 Campers were served this year.

These programs and services were the result of collaborative

AHIF Board of Directors: 2004 - 2006

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Tom Armstrong, *Vice President*
Dodd Adair, *Secretary*
Al Ellison, *Treasurer*
Mary Watkins, *Past President*

Tom Boll
Pam Cezayirli
Kim Hooks
Ann Horne

Sandra Nicholson
David Shelby
Jack Woodard

Charles Priest, Executive Director

Our Mission

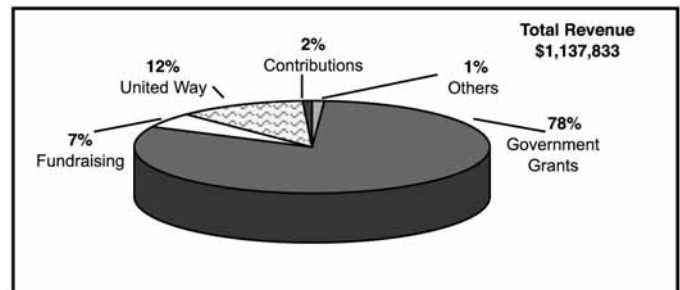
The mission of the Alabama Head Injury Foundation is to improve the quality of life for people who have survived traumatic brain injuries and for their families.

efforts between AHIF and our many partners including the Alabama Department of Rehabilitation Services; United Way of Central Alabama; United Way of West Alabama; The Impaired Drivers Trust Fund Board of Advisors; the Alabama Head Injury Task Force; the BMW Owners of Alabama; Bruno's Memorial Golf Classic; Individual and Family Support Councils; Easter Seals; the State Department of Education; UAB Injury Control Research Center; BLSA; HealthSouth Lakeshore; State Farm; UAB-TBI Model System; Virginia College; Shelby & Roden; Inverness Country Club; Siniard, Timberlake & League, P.C.; North Alabama Neurological; Alabama Pilot Clubs; Selma Walkathon Volunteers & Sponsors and the volunteers of our Board of Directors and the hundreds of individuals throughout Alabama whose generosity keep us going!

Alabama Head Injury Foundation - 2004

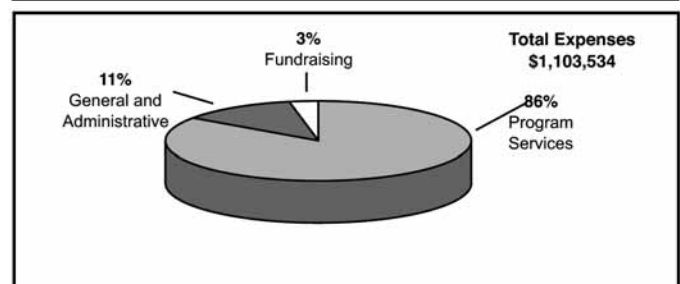
Revenues

Contributions	\$	23,637
Government Grants	\$	891,993
Fundraising	\$	78,520
United Ways	\$	136,640
Other	\$	7,043
Total Revenue	\$	1,137,833



Expenses

Program Services	\$	954,030
General and Administrative	\$	118,985
Fundraising	\$	30,519
Total Expenses	\$	1,103,534





FROM THE PRESIDENT

On November 8, 2004, it was my privilege to participate in the dedication ceremony for the Dogwood Terrace Apartments in Florence, Alabama. The apartments are wonderful and made even more beautiful with the decorating provided by the residents. I had the opportunity to meet several of the residents of Dogwood Terrace and was uniformly impressed with their outlook on life and their dedication to making Dogwood Terrace their home. This is exactly what was envisioned when the process of planning Dogwood Terrace was started several years ago. It is very pleasing to see good things come to past!

During the dedication ceremony I was struck by the number of people present who have a commitment to seeing Dogwood Terrace thrive. There were, of course, the residents and family members. Nancy Gillis was the Resident Representative. Your AHIF was well represented by Charles Priest, Executive Director, Janet Massey, Executive Assistant, Lucia Parsons and Pat Motley, AHIF Resource Coordinators as well as Janice Waters, Respite Coordinator. The local AHIF Shoals Resource Coordinator, Debi Dean, was present as well as Jennifer Adams, the former Shoals Resource Coordinator. From the Board I was joined by past presidents Sandi Nicholson and Mary Watkins, who were instrumental in pushing forward the plan for Dogwood Terrace. Dr. Jack Sellers represented the local steering committee, several of whom were also present. Reyn Norman, Chair of the Alabama Impaired Drivers Trust Fund Board of Advisors, Mayor Bobby Irons of Florence and Shaler Roberts, Florence Housing Authority were present as well. Wanda Williams represented Accessible Space, Inc. Accessible Space assisted in all aspects of the development process and will manage Dogwood Terrace. Perry Toso, Pastor, Church of the Good Shepherd, led the blessing of the building. I mention these names (and there are likely some I have overlooked) because these people deserve credit. Dogwood Terrace would not exist but for the persistent effort of many people from many walks of life. It is proof that together we can make a difference!


It is not appropriate for us to rest on our accomplishments and think that we are done. Now we move on the Patton Ridge Apartments in Hoover, where construction has just started. What do we do after that? You tell us!

Tom Novack

Dogwood Terrace

Florence, Alabama
November 2004

Dedicated to the residents of Dogwood Terrace with the hope that this unique building encourages them to pursue their highest level of independence.



Accessible Space, Inc. gratefully acknowledges the generous support provided to Dogwood Terrace by the U. S. Department of Housing and Urban Development (HUD), the Federal Home Loan Bank of Atlanta's Affordable Housing Program/AmSouth Bank, Alabama Head Injury Foundation, Shoals Adult Cerebral Palsy Organization, Shoals Steering Committee, and the Alabama Impaired Drivers Trust Fund.

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Thomas Novack	Thomas Armstrong
Dodd Adair	Al Ellison
Mary Watkins	Thomas Boll
Pam Cezayirli	Kim Hooks
Ann Horne	Sandra Nicholson
David Shelby	Jack Woodard



Celebrating the "fruits of their labors" at the dedication of Dogwood Terrace Apartments in Florence, Alabama on November 8, 2004 are: Front L-R Nancy Gillis, Sandi Nicholson; Back L-R Dr. Jack Sellers, Perry Toso, Reyn Norman, Dr. Tom Novack, Shaler Roberts, Wanda Williams

HealthSouth Lakeshore Rehabilitation Hospital Brain Injury Team Raises Funds for AHIF

In the fall of 2004, members of the Brain Injury Team at HealthSouth Lakeshore Rehabilitation Hospital in Birmingham began a series of fundraisers to benefit AHIF. During October the team collected old cell phones that were recycled with proceeds going to AHIF. Team members posted brain injury fliers and brochures throughout the hospital to increase brain injury awareness.

On November 24th, the Brain Injury Team sponsored a bake sale to lighten the load of any cook who wanted a baked item for their Thanksgiving meal. Also, in November, the proceeds of a book sale sponsored by Books Are Fun, Ltd. were donated to the fundraising effort.

A very successful Christmas Silent Auction was held on December 16th. The arts and craft items were made by many

of the hospital staff and their family members. At the height of the sale, bidding wars erupted with bids taken over the phone from staff from other shifts and friends!

A total in excess of \$2,107 was raised to benefit AHIF through the creative projects of this dedicated group of professionals. They promise that AHIF can look forward to continued support in 2005. Many Thanks!!!!



Thank You to Our Generous Donors

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Richard, Virginia & Nathan Morehart

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Dr. Russell N. Haynes
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Dr. and Mrs. Henry C. Mostellar, Jr.
The Brain & Spine Center, PC

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Mr. Drew Ammons
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Mrs. Jo Self

In Memory of Eddie Webster
Mr. and Mrs. Teddy Jones

In Honor of Dale and Jim Alosi
Mr. and Mrs. John H. Burton

In Honor of Meadowview Christian School
Pilot Club of Selma, Inc.

In Honor of Andrew O. Prewitt
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Visit our Website

WWW.AHIF.ORG

- Obtain information about AHIF
- Learn about our services and programs
- Download current articles about brain injury
- Link to other brain injury websites
- Make a donation

Do You Want to Feel Good About Yourself?

Volunteer for the Alabama Head Injury Foundation

Use your personal strengths, and talents to improve the quality of life for persons who have survived Brain injury!

You will not only help others, but you will also make your own life more meaningful!!!

Contact Sandy Koplun, Director of Community Outreach, 1-800-433-8002, to discuss your interests and AHIF statewide Volunteer opportunities or go to www.ahif.org. Flexible scheduling is available.



Legislation Introduced to Protect Children in Car Crashes

Linda Tilly, VOICES for Alabama's Children

During the 2005 session of the Alabama Legislature, VOICES for Alabama's Children and the Alabama Head Injury Foundation will be working with safety conscious legislators on a bill to require booster seats for children too big for toddler seats but too small for adult seat belts. VOICES are assembling a broad based coalition to encourage state lawmakers to require the use of child passenger restraints.

"We require parents to take their newborns home from the hospital in a car safety seat. We protect infants and toddlers up to the age of three by putting them in child safety seats. We even require drivers and their front seat passengers to wear seat belts," said Rep. Mac Gipson of Prattville, "But we are forgetting about a large group of our population- our preschoolers and young elementary school children. They need protection as well- and booster seats offer that protection."

A child passenger safety law in Alabama could make a real difference in the lives of families by closing the safety gap that leaves children unprotected. Friends of AHIF could play a major role in improving child safety during the upcoming legislative session by working for passage of such a law.

Giving Opportunities to Show You Care

- **Cash Gifts/Credit Card Donations**
- **Bequest**—Designate the Alabama Head Injury Foundation as part of your estate or set up a gift annuity.
- **Stocks**—Use as a tax advantage- a great year-end idea!
- **Insurance**—designate the Alabama Head Injury Foundation as the beneficiary of a life insurance policy.
- **Tributes**—Honor someone living or deceased, or celebrate an occasion of graduation, promotion, birthday or holiday with a contribution to AHIF!
- **Matching Gift**—See if your company will make a matching gift.

Contact Charles Priest, Executive Director, for further information at 1-800-433-8002.



Help The Environment And AHIF At The Same Time! Recycle Your Cell Phone

According to INFORM, INC., by 2005, about 130 million cellphones will be retired annually in the US. And because of their small size they are more likely to be thrown in the trash and ultimately pose threats to the environment and public health.

Now, you can recycle those old wireless cellphones, helping the environment and raising some cash to benefit AHIF.

Donate your cellphone:

Visit WWW.AHIF.ORG online and click on the cellphone donation button. Simply find your cellphone(s) in the list of phones accepted, submit your personal information and you will receive a box with a prepaid return label. The value of the cellphone will be donated to the Alabama Head Injury Foundation in your name. If you do not have access to an online service, you may call 1-800-364-0258 for assistance.

Alabama Head Injury Foundation

AHIF

IMPROVING LIFE AFTER
TRAUMATIC BRAIN INJURY

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