

What does supporting AHIF truly make possible?

These two stories are actual AHIF clients directly impacted by your help:

A Safe Place for Sisters

In northeast Alabama's rural Jackson County, AHIF serves two sisters living together. The older sister sustained a TBI in 2005 in a car accident, and the younger sister sustained multiple TBIs following an abusive relationship in her past.

These two sisters called AHIF about services in July 2016, specifically mentioning the need for a new ramp for the house, and some safety modifications for their bathroom.

AHIF Resource Coordinator Dianne Pierson was able to work with CASA in Jackson County to get the home modifications they needed.

However, in July 2017, the bathtub in the modified bathroom cracked and needed replacement. AHIF found a company who found a matching tub for the sisters, but it was far outside their price range.

Due to the generosity of donors to AHIF, we were able to provide a bathtub to the sisters, and they called to say thank you and that they were blessed to have AHIF as part of their family.



Making the Grade

RL is 45 years old, and sustained a TBI in 2009 in a motor vehicle crash. When AHIF Resource Coordinator

Pat Motley contacted RL, he was living with his mother, brother and 13 year-old son in SW Birmingham. RL was struggling to accept the cognitive limitations his TBI had left him with, and he desperately wanted to return to work again.

AHIF worked with RL over the next two years, secured a scholarship to Lakeshore Foundation, and taught him about his TBI and compensation strategies for his deficits. After two years, RL was accepted into the vocational rehab program from ADRS, and was able to return to school. First, he attended a community college and now is in the Business School at UAB. He has attended AHIF's Birmingham Support Group for the last five years, providing support and encouragement for others as he continues his own journey to recovery.

AHIF is thankful to all who support our mission, and we are happy to share wonderful success stories demonstrating the way that lives are being changed.





A note from AHIF Executive Director Scott Powell

In the early 1990s AHIF was fortunate that legislative action established a trust fund, now called the Alabama Head & Spinal Cord Injury Trust Fund, to provide financial support for the care of traumatic brain injury survivors. For every DUI conviction in the state, the trust fund receives \$100 as part of the fines collected, and this money was distributed directly to help TBI survivors.

Over the past 5-10 years, local municipalities, often tasked with the burden of patrolling inter-states due to the reduced number of Troopers on Alabama roads, established “deferred prosecution” programs. These programs allowed DUI offenders to complete a program, through the municipality, aimed at preventing repeat offenses. Upon completion, the individual pays fees/fines to the city instead of the state, and has their DUI stricken from their driving record.

An unintended consequence of these deferred prosecution programs has been a reduction in funding to the trust fund supporting TBI survivors, resulting in a net reduction of more than 50% over the last six years. In an effort to stop these losses, AHIF is working with Representative Phillip Pettus and Senator Cam Ward, who are working in both Alabama chambers to pass legislation that would establish this same \$100 fee in deferred prosecution cases.

In the Alabama House, this is House Bill #14. If you share your support of this initiative, please contact your local legislator and encourage their support as well.

AHIF Birmingham Regional Board plans 4th Annual Beer, Band & BBQ

AHIF’s Birmingham Regional Board invites you to attend the 4th Annual Beer, Band & BBQ event on Saturday, March 24th, at Avondale Brewery from 12:00-5:00 p.m. Tickets are \$15 and include live music and food from Saw’s BBQ. For more information, call the AHIF office at (205) 823-3818 or visit our website at www.ahif.org.



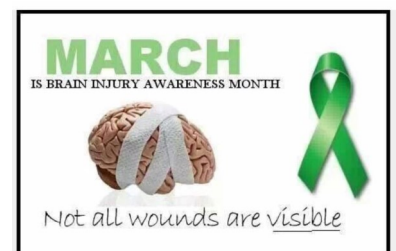
HealthSouth gift allows return to week-long camp!

HealthSouth, now Encompass Health Corporation, made a generous gift to AHIF that will allow us to return to our traditional week-long camp at Camp ASCCA. Camp will be in August 2018, and we are opening the registration process in April! We are excited to offer this camp experience, and truly grateful to Encompass for their support.



Brain Injury Awareness Month coming March 2018

Each year, AHIF seeks to promote awareness of traumatic brain injury, prevention of traumatic brain injury, and support for our traumatic brain injury services throughout the year, but especially during Brain Injury Awareness Month. For information of activities/events as part of Brain Injury Awareness Month, please visit our website at www.ahif.org.



Alabama Head Injury Foundation 2017 Annual Report

Our Mission: To improve the quality of life for survivors of traumatic brain injury and for their families

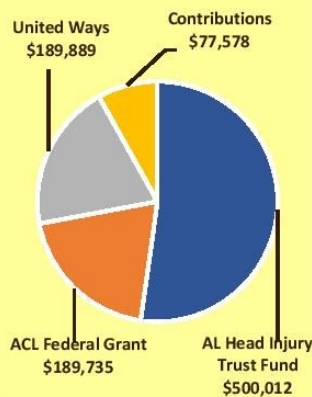


Financial Report

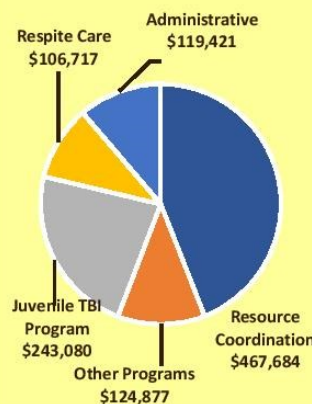
2017 Financial Highlights

- Special Event revenue grew by 24% in FY'17
- Held expenses 5% below budget
- Increased United Way funding 1% from FY'16

Income Total - \$972,977



Expense Total - \$1,019,310



AHIF is committed to fiscal responsibility and maintains an 11.2% administrative cost, meaning 88.8% of all contributions go directly to programs and services.

Financial Position (as of 10/1/17)

Current Assets -	\$349,954
Investments -	\$124,113
Total Assets-	\$482,617
Current Liabilities -	\$10,363
Long-term Liabilities -	\$60,949
Equity -	\$411,305
Total Liabilities & Equity -	\$482,617
FY'17 Net Income -	(\$45,278)

2017 Accomplishments



Home Depot stores in Tuscaloosa, Oxford and Hoover hosted meetings of AHIF Support Groups where survivors and their families made wood crafts and enjoyed a time of fellowship.



SUPPORT for survivors and caregivers

- 193 support group meetings held in 15 different locations statewide; new Cullman Support Group
- 3,241 total support group attendees
- 64 families provided with 4,490 hours of respite care

Providing essential financial ADVOCACY

- AHIF's seven local Resource Coordinators secured \$1,064,358 in direct assistance for our consumers.
- Some specific items include:
 - \$25,000 for wheelchairs and home modifications
 - \$661,995 in medical bills written off
 - \$513,601 in personal needs and medication

Providing DIRECT services to consumers

- AHIF reached 133 new consumers in FY'17
- AHIF provided direct support services to 722 consumers in FY'17

Increase the FOOTPRINT of AHIF statewide

- AHIF has 15 Board members, representing nine cities across Alabama
- Regional Boards in Birmingham, Montgomery, Auburn, Dothan, Mobile and Gadsden have a combined 67 members
- AHIF has student volunteers from UAB, Auburn, Samford and USA



AHiF
Alabama Head Injury Foundation



For more information, please visit our website at www.ahif.org



Alabama Head Injury Foundation 2017 Annual Report

Our Vision: We envision a state where traumatic brain injury is prevented, where possible, and fully understood and supported where not.

A Story of Success

An Artful Way Of Adjusting To Life After Brain Injury

Jaden is a bright, shy 16 year-old boy who, up until last November, was going to high school and having fun as a normal teenager. On November 30th, he was involved in a horrific car accident, which has left him and his family dealing with a new way of life. Jaden sustained a traumatic brain injury and a spinal cord injury, leaving him paralyzed with only moderate use of his arms. Jaden's family is his support network, and although they have down days, they have not given up or allowed themselves to become isolated from society. Jaden has recently returned to high school, and passes his time drawing. He uses his pencil to bring beauty into the world, and to express himself in a very special way.



A drawing of Jaden's titled "Fairy"

Jaden's injury changed his thoughts for the future. He wants to be a counselor for people who are going through the same things he did after his accident. He has seen firsthand how a compassionate, warm counselor can help survivors and their families in dealing with catastrophic circumstances. For now, as he begins this new journey in life, he and his family are getting through each day, living their "new normal" and being strong for each other.

Alabama Head Injury Foundation 2017 Board of Directors

Officers

Keith Belt – President
 Stephen Davis – Vice-President
 Mike Andrews – Treasurer
 Melissa Slater – Secretary

Members

Kevin Braswell
 Linda Coleman-Madison
 Drew Davis
 Dane Griffith
 Karen Hislop
 Dawn Matson
 Eric Messer
 Heath Phillips
 Jimmy Robinson
 Sharlotte Rogers
 Jack Sellers

Emeritus Members

Kim Hooks-Ferguson
 Ann Horne
 Tom Novack

Help AHIF continue to grow!

- Tell five people about AHIF in 2018
- Send us a story of how involvement with AHIF has touched your life
- Consider a first-time financial gift, continue your existing giving, or increase your annual gift in 2018
- Select AHIF as your charity to support using AmazonSmile and the Planet Fundraiser app

AHIF Takes Steps To Better Measure Success

In July 2016, AHIF began utilizing the MPAI-4 assessment tool for all new clients, establishing a baseline measurement for overall cognitive function and scheduled reassessments at six months and one year. This measurement tool allows AHIF to gauge the impact of its programs and services in three specific areas – Abilities, Adjustment and Participation as it relates to individual head injuries. One year follow-ups have just begun, but six month data shows promising results in all areas.

Abilities – 32.6% improvement

Adjustment – 33.7% improvement

Participation – \$24.0% improvement

Overall – 30.7% improvement



AHIF Resource Coordinator Terrie Causey retires after 19 years with AHIF

It is with a mixture of sadness and joy that we wish AHIF Wiregrass Resource Coordinator Terrie Causey the very best in her recent retirement, effective December 31, 2017. We celebrate with her a well-earned retirement, but selfishly are sad to lose her and her unmatched commitment to helping her clients.

During her 19 years with AHIF, Terrie has provided services to more than 1,000 TBI survivors, and has hosted more than 200 support group meetings with more than 2,500 total attendees. She has also secured more than \$5,897,765 in direct financial benefits directly to her clients.

Terrie will assist AHIF as we seek a new Resource Coordinator for the Wiregrass area, and will help train our new staff person as well once they are on-board.

Thank you Terrie, for all you have done to improve the quality of life for TBI survivors and for their families!



“Terrie not only wanted clients to have a good time at support group, but also kept the caregivers talking to each other for support.”
- AHIF Wiregrass Client

AHIF staff presents at national conference

AHIF staff spoke at the national level about traumatic brain injury and the services we are providing across the state at the 2017 National Lifespan Respite Conference hosted in Huntsville, Alabama. Dianne Pierson, AHIF Resource Coordinator for the Northeast region, presented about the causes of TBI, including in military service, and the lasting effects of brain injury. How these changes can impact survivors as well as families and caregivers was discussed with healthcare professionals and caregivers, and tips for how to handle these challenges were provided. Dianne provided examples of how to increase communication, adapt the home environment, and plan for the future. Dianne was able to promote awareness of traumatic brain injury while showcasing the ways AHIF is supporting survivors and their families, and providing education within our communities.

AHIF is an approved CEU provider for Social Workers in the state of Alabama and is looking forward to sharing more about

TBI and our services at the Alabama Society of Health Care Social Workers Annual Conference in April. If your hospital or organization is interested in learning more about our presentations, please contact our office at (205) 823-3818.



For more information on this event, go to <https://arch.wildapricot.org/Conf2017>



3100 Lorna Road Suite 203
Hoover, AL 35216
Phone: (205) 823-3818

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Our Vision: *We envision a state where traumatic brain injury is prevented where possible and fully understood and supported where not.*

NON-PROFIT
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PERMIT NO. 3246

AHIF is a proud partner of:

United Ways of Central Alabama,
Lee County, Etowah County,
Marshall County, and West
Alabama



AHIF invites you to attend one of our 14 Support Groups!

Anniston/Jacksonville:	4th Fridays - 12:00 p.m.	Jacksonville Community Center
Birmingham:	3rd Thursdays - 4:00 p.m.	Patton Ridge Apartments
Cullman:	3rd Wednesdays - 9:30 a.m.	Oxford Home Health
Dothan:	1st Tuesdays - 6:30 p.m.	HealthSouth Rehab Hospital
Headland:	3rd Mondays - 10:00 a.m.	Living Waters Counseling
Gadsden:	2nd Fridays - 12:00 p.m.	Elliott Community Center
Huntsville:	3rd Wednesdays - 11:30 a.m.	Southside Baptist Church
Jasper:	1st & 3rd Wednesdays - 2:30 p.m.	VFW
Lee County:	Last Tuesday of month - 10:00 a.m.	Trinity United Methodist
Mobile:	Every Tuesday - 10:00 a.m.	Regency Church of Christ
Montgomery:	2nd Thursdays - 6:00 p.m.	HealthSouth Rehab Hospital
Roanoke:	3rd Wednesdays - 12:00 p.m.	Kiwanis Building
Shoals/Florence:	3rd Tuesdays - 4:00 p.m.	Dogwood Terrace Apartments
Tuscaloosa:	1st Mondays - 11:00 a.m.	Caring Days

**Some meeting dates are subject to change; please call (205) 823-3818 to confirm a meeting*